



# Supporting Mental Health in Higher Education

CERTIFICATE OF PROFESSIONAL DEVELOPMENT

This certificate verifies that

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attended 45 minutes of live mental health training

**What Students Bring With Them: Family Communication  
and Mental Health in College Classrooms**

Lauren Tortella, Texas Tech University

05.21.2026



hosted by Hawkes in May 2026

*Laura Brown*

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Director of Marketing  
Hawkes Learning