



## Chapter 8 Exercises

### Review Questions

1. The view that development is a cumulative process, gradually adding to the same type of skills is known as \_\_\_\_\_.
  - a. nature
  - b. nurture
  - c. continuous development
  - d. discontinuous development
2. Developmental psychologists study human growth and development across three domains. Which of the following is *not* one of these domains?
  - a. cognitive
  - b. psychological
  - c. physical
  - d. psychosocial
3. How is lifespan development defined?
  - a. the study of how we grow and change from conception to death
  - b. the study of how we grow and change in infancy and childhood
  - c. the study of physical, cognitive, and psychosocial growth in children
  - d. the study of emotions, personality, and social relationships
4. The idea that even if something is out of sight, it still exists is called \_\_\_\_\_.
  - a. egocentrism
  - b. object permanence
  - c. conservation
  - d. reversibility
5. Which theorist proposed that moral thinking proceeds through a series of stages?
  - a. Sigmund Freud
  - b. Erik Erikson
  - c. John Watson
  - d. Lawrence Kohlberg
6. According to Erikson's theory of psychosocial development, what is the main task of the adolescent?
  - a. developing autonomy
  - b. feeling competent
  - c. forming an identity
  - d. forming intimate relationships
7. Which of the following is the correct order of prenatal development?
  - a. zygote, fetus, embryo
  - b. fetus, embryo, zygote
  - c. fetus, zygote, embryo
  - d. zygote, embryo, fetus
8. The time during fetal growth when specific parts or organs develop is known as \_\_\_\_\_.
  - a. the critical period
  - b. mitosis
  - c. conception
  - d. pregnancy
9. What begins as a single-celled structure that is created when a sperm and egg merge at conception?
  - a. embryo
  - b. fetus
  - c. zygote
  - d. infant
10. Using scissors to cut out paper shapes is an example of \_\_\_\_\_.
  - a. gross motor skills
  - b. fine motor skills
  - c. large motor skills
  - d. small motor skills

11. The child uses the parent as a base from which to explore their world in which attachment style?
  - a. secure
  - b. insecure avoidant
  - c. insecure ambivalent-resistant
  - d. disorganized
12. The frontal lobes become fully developed \_\_\_\_\_.
  - a. at birth
  - b. at the beginning of adolescence
  - c. at the end of adolescence
  - d. by 25 years old
13. Who created the very first modern hospice?
  - a. Elizabeth Kübler-Ross
  - b. Cicely Saunders
  - c. Florence Wald
  - d. Florence Nightingale
14. Although they can occur in any order, which of the following is the order of stages Elizabeth Kübler-Ross outlined in her five-stage model of grief?
  - a. denial, bargaining, anger, depression, acceptance
  - b. anger, depression, bargaining, acceptance, denial
  - c. denial, anger, bargaining, depression, acceptance
  - d. anger, acceptance, denial, depression, bargaining

### Critical Thinking Questions

15. Describe the nature versus nurture controversy, and give an example of a trait and how it might be influenced by each.
16. Compare and contrast continuous and discontinuous development.
17. Why should developmental milestones only be used as a general guideline for normal child development?
18. What is the difference between assimilation and accommodation? Provide examples of each.
19. Why was Carol Gilligan critical of Kohlberg's theory of moral development?
20. What is egocentrism? Provide an original example.
21. What are some known teratogens, and what kind of damage can they do to the developing fetus?
22. What is prenatal care, and why is it important?
23. Describe what happens in the embryonic stage of development. Describe what happens in the fetal stage of development.
24. What makes a personal quality part of someone's personality?
25. Describe some of the newborn reflexes. How might they promote survival?
26. Compare and contrast the four attachment styles and describe the kinds of childhood outcomes we can expect with each.
27. What is emerging adulthood, and what are some factors that have contributed to this new stage of development?
28. Describe the five stages of grief and provide examples of how a person might react in each stage.
29. What is the purpose of hospice care?