

Chapter 15 Project

Purpose

In this chapter, you have learned about a variety of psychological disorders. Many of the disorders share similar features or symptoms, while others are significantly different. **The purpose of this project is to explore the complexities of the human condition through application of the knowledge you have gained in this chapter.** You are going to be creating your own version of the DSM-5-TR to organize the various mental health conditions you have been exposed to in this chapter.

Directions

For this project, imagine that you are the author of the DSM-5-TR and have been approached by a psychiatrist's office to create a simplified version of the manual. You will use a word processor, like Microsoft Word, and create a "book." Each page will contain a major disorder category noted in this chapter (i.e., anxiety, mood, etc.) and applicable information pertaining to that category of disorders.

Please use the following template for each class or category:

1. class or category
 - A. five or more pieces of pertinent information pertaining to the class or category of disorders (i.e., concepts and or ideas)
 - B. symptoms common to all disorders within the category
 - C. therapy common to all disorders within the category
 - D. specific conditions under the class or category of mental health disorders
 - i. For each condition, list unique symptoms, treatments, and at least one notable figure who has suffered from the condition.

For example:

1. anxiety disorders
 - A. fact 1
 - B. fact 2
 - C. fact 3
 - D. fact 4

- E. fact 5
- F. shared symptoms
 - i. symptom 1
 - ii. symptom 2
 - iii. symptom 3
- G. shared therapy
 - i. therapy 1
 - ii. therapy 2
 - iii. therapy 3
- H. types of anxiety disorders
 - i. specific phobia
 - a. symptoms
 - b. treatments
 - c. notable example
 - ii. social anxiety disorder
 - a. symptoms
 - b. treatments
 - c. notable example

Materials

Word processing application, like Microsoft Word

Checklist

- all classes or categories in the chapter are addressed
- each class or category has:
 - five or more facts/examples of pertinent information
 - symptoms common to all disorders in the category
 - therapy common to all disorders in the category
 - specific conditions under this class or category of disorder
- list of symptoms, treatments, and at least one notable figure who has disorder